

Here's **YOUR BONUS** content just for subscribers to the **YOUR START** newsletter from your friends at Connecticut Public Radio

EDITION ONE:

- + PLANTING BULBS
- + FAY DUNAWAY
- + BROODING 90'S TUNES



*Chion Wolf
Host / Producer*

Chion's Dark and Brilliant Songs from the 1990's

These are my top 3 songs that will make you feel worse than you should about things. Which is a reminder about how music is powerful enough to manipulate our emotions. I would also call into question what else is influencing our psyches, our habits, the stories we tell ourselves, the things we obsess over, the bad relationships we maintain, and overall, the vulnerability of our subconscious to external influences?

1. "Hurt" by Nine Inch Nails
2. "Black" by Pearl Jam
3. "Winter" by Tori Amos



curiosities

+ conversation pieces



Colin's Things with 3 Things in Them That Also Somehow Involve Faye Dunaway

Colin McEnroe is the host of the Colin McEnroe Show, airing weekdays at 1:00 p.m. and 8:00 p.m. or anytime on the Connecticut Public mobile app.

1. "The Three Musketeers." You want to see the version directed by Richard Lester, with Michael York, Oliver Reed and, yes, Faye Dunaway as the villainous Milady deWinter. This is the only movie version of "The Three Musketeers" anybody should ever watch. Do not watch the others. Lester shot so much great footage, that he cut the movie in half and released a second part, "The Fourth Musketeer," which is darker, especially as regards the ends to which Dunaway's character will go.
2. "Three Days of the Condor." Robert Redford. Faye Dunaway. I mean, come on. Now, technically, it is true that he has essentially kidnapped her when they become sexually attracted to one another. I mean, strictly speaking, the kidnapping is still ongoing. In fact, the movie has been criticized for its "narrow-minded, white male ideology." It was 1975. Hollywood had different rules back then.
3. Three historical figures she has played: Queen Isabella of Spain, Wallis Simpson, Eva Peron. I would not recommend hunting down any of these performances. You should hunt down "Chinatown" and "The Thomas Crown Affair" and "Bonnie and Clyde."



Lucy's Fall Garden Tips for Planting Spring Bulbs

Lucy Nalpathanchil is the host of Where We Live, airing Mon., Tue., Thurs., Fri. at 9:00 a.m. and 7:00 p.m. or anytime on the Connecticut Public App

One of my loves is gardening. There's nothing better than seeing the first flowers pop out of the ground after a long winter. By now the first hard frost has arrived but you still have a short window of time to plant Spring bulbs before the ground freezes! Here are my top 3 bulb recommendations. You won't be disappointed come Spring, I promise!

1. Brackenhurst Narcissus. Daffodils are great because critters like squirrels, voles, even deer won't eat them due to their bitter taste.
2. Professor Einstein Narcissus. These fragrant white and orange flowers are a nice change from traditional yellow daffodils.
3. Gladiator Allium. A colleague once called these beautiful purple spheres "Seuss flowers" They are one of my daughter's favorites. (See picture, left.)



I'd love to see how they do in your garden! Email me pictures this Spring: lucy@ctpublic.org